





## The Garland of Guru's Sayings (Guruvachaka Kovai)

(Deepavali Songs)

### Victory over Naraka

Narayana slew Naraka.  
They say. Who acts as if this wretched  
Body were himself is Naraka.  
Whoever, questing whence this demon  
Rises, slays him is Narayana  
Himself. (181)

The ceremonial bathing done  
During Dipavali celebrates  
The victory over the demon Naraka,  
Seeking out his dwelling place  
And slaying him there one bathes oneself  
In the pure waters of Awareness. (182)

***“The demon Naraka who rules Hell,  
The notion that I am this body,  
Where is this demon?” enquiring thus  
With the discus of jnana, Narayana  
Destroys the demon. And this day  
Is Naraka-chaturdasi.*** (182-4) - Sri Bhagavan

Searching out and slaying Naraka  
Who wallowed in the putrid body  
Of flesh as “I”, and the resulting  
Dawn eternal of the Self,  
This is the festival of light,  
Dipavali. (183)

***Shining as the Self in glory  
After slaying Naraka,  
The sinner vile who suffered much  
Because he deemed as “I” the wretched  
Home of pains, the body of flesh,  
This is the festival of light,  
Dipavali.*** (183-5)- Sri Bhagavan